

"SEMPER PARATUS"



## Ergonomics

**Unit standard:** 244523

**Unit Standard Title:** Conduct an ergonomic assessment and take appropriate action

**SETA:**

**Duration:** 8 Hours

**Target Audience:**

1. Employees in occupational environments which may have a detrimental effect on the health and safety of personnel in such environment.

**Pre-Requisites:**

Basic understanding of the OHS Act

**Course Content:**

1. Concept of ergonomics in the workplace
2. Posture and movement
3. Information and operation
4. Environmental factors
5. Work organization, jobs and tasks
6. The ergonomic approach

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